

## Recommendations for the Adult Rabbit, Guinea Pig, or Chinchilla for Dental and Gastrointestinal Health

**Unlimited Timothy Hay** or Grass Hay or Oat Hay available at all times

Loose Hay is best compared to hay cubes or chopped hay.

Avoid Alfalfa Hay due to the excessive Calcium content,  
which can cause bladder sludge and stones.

**Limited Pellet Intake** to prevent Obesity and Dental Disease

Adult Rabbit/Rodent Weight	Daily Pellet Limit
2-4 pounds	< 1/8 cup
5-7 pounds	< 1/4 cup
8-10 pounds	< 1/2 cup
11-15 pounds	< 3/4 cup

Three different types of **Fresh Leafy Green Vegetables** daily

Give about one cup of vegetable mix for every 5 pounds of body weight daily.

*Some Examples:*

Carrot Tops	Kale	Endive
Beet Tops	Collard Greens	Swiss Chard
Dandelion Greens	Escarole	Cabbage
Parsley	Romaine Lettuce	Broccoli w/ Leaves
Clover	Bok Choy	Bell Peppers
Basil	Spinach	Radicchio

**Fruit Treats** can be given in Small Amounts Only to prevent soft stool

Give less than 1-2 tablespoons of fresh fruit treats for every 5 pounds body weight daily  
**OR** less than ½ - 1 tablespoon dried fruit treats for every 5 pounds body weight daily.

*Some Examples:*

Papaya	Apples	Melon
Pineapple	Blueberries	Tomato
Strawberry	Mango	Peach
Raspberry	Cactus fruit	Pear

**Guinea pigs** need a source of **Vitamin C** daily in either their vegetables or fruits